

**YMCA – YWCA OF WINNIPEG
WALL CLIMBING
SAFETY AWARENESS & PERMISSION FORM**

I hereby give (PRINT FULL NAME) _____ permission to participate in the YMCA-YWCA of Winnipeg wall climbing program.

I am aware that the sport of indoor rock climbing has inherent risks and I have full knowledge of the nature and extent of the risks associated with rock climbing which may include but are not limited to:

- a. all manner of injury resulting from falling while using the climbing walls and impacting against climbing wall faces, protruding ledges, wall supports, collision with the floor, or any other permanent or temporary fixture, or other persons;
- b. rope abrasion, entanglement and other injuries resulting from activities such as climbing, belaying, rappelling and other rope techniques;
- c. injuries resulting from dropped items such as climbing hardware, ropes, holds, or falling climbers;
- d. cuts and abrasions resulting from skin contact with climbing panels.

I understand that participants in the YMCA-YWCA of Winnipeg wall climbing program must:

- a. wear clean indoor runners at all times (must be approved by climbing wall instructor);
- b. wear a helmet at all times (personal helmets must be approved by climbing wall instructor);
- c. weigh a minimum of 40 lbs (18 kg) and fit securely and safely into harness.

Parent/legal guardian Name (PLEASE PRINT)

Relationship (PARENT/LEGAL GUARDIAN)

Parent/legal guardian Signature

Date

Address

Phone Number

Name of Witness/Staff (PLEASE PRINT)

Witness/Staff Signature

Bouldering Only (PLEASE CIRCLE) YES / NO



YMCA - YWCA

We build strong kids,
strong families, strong communities.