



YMCA - YWCA  
We build strong kids,  
strong families, strong communities.

Date: **November 22, 2011**  
Position: **Fitness Centre Staff**  
Location: **West Portage Branch, 3550 Portage Avenue**  
Hourly Rate: **\$10.92/hr**  
Placement Date: **ASAP**

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Fitness Centre staff for the YMCA-YWCA of Winnipeg must be enthusiastic, energetic and have a strong desire to share their skills and experiences with others. Staff will contribute to the overall positive experience of YMCA-YWCA members by maintaining a clean, safe environment and a visible staff presence in program areas.

**Responsibilities:**

- Provide supervision in all areas of the Fitness Centre
- Conduct Fitness Centre Orientations
- Assist with other programs as needed
- Ability to teach Group Fitness, Aquatic Fitness or Individual Conditioning an asset
- Other duties as assigned

**Qualifications:**

- Standard First Aid and CPR 'C'
- Basic Theory and Individual Conditioning II or equivalent education

**Training Opportunities:**

YMCA Fitness Instructor Certification (Land or Water)

**Submit applications to:**

Nicola Dirks, Adult Program Coordinator  
YMCA-YWCA of Winnipeg  
3550 Portage Ave.  
Winnipeg, MB, R3K 0Z8  
T: 204.889.8052  
F: 204.889.9002  
[wpprog@ymcaywca.mb.ca](mailto:wpprog@ymcaywca.mb.ca)

We thank you for your interest; however please note that only candidates selected for an interview will be contacted.