

Hours of Operation

Monday to Friday

3:30 – 9:00

Saturday

12:00 – 9:00

Sundays & Holidays

12:00 – 8:00



YMCA - YWCA

We build strong kids,
strong families, strong communities.**North Y Youth Centre**

363 McGregor Street

Winnipeg, MB

R2W 4X4

T: 204.989.4109

www.ywinnipeg.ca

2011 - 2012 PROGRAM SCHEDULE**RECREATION PROGRAMS****SKATE PARK TIMES**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11 years old & Under	3:30 – 5:00	3:30 – 5:00	3:30 – 5:00	3:30 – 5:00		12:00 – 2:00	12:00 – 2:00
12 – 15 year olds	5:00 – 7:00	5:00 – 7:00	5:00 – 7:00			2:00 – 4:00	2:00 – 4:00
Open to all	7:00 – 9:00	7:00 – 9:00	7:00 – 9:00	7:00 – 9:00	3:30 – 9:00	4:00 – 9:00	4:00 – 8:00
Girls Only				5:00 – 7:00			

CLIMBING TIMES

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00 – 8:00	5:00 – 8:00	5:00 – 8:00	5:00 – 8:00	5:00 – 8:00	3:00 – 8:00	3:00 – 7:00

LEADERSHIP DEVELOPMENT PROGRAM

The North Y Youth Centre has a variety of leadership development options for youth to pursue. Depending on age and experience youth will be slotted into either the Friday or Saturday group. Our Leadership Programs are for those interested in helping the Y with their goal of building strong kids, strong families and strong communities. Please speak with our staff for more details.

Friday	Saturday
4:00 – 6:00	3:00 – 4:00

EDUCATION ADVENTURES

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	4:00 – 5:00	4:00 – 5:00	4:00 – 5:00	4:00 – 5:00			

BASKETBALL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 - 9 years		5:00 – 6:00					
10 - 12 years		6:00 – 7:00			6:00 – 7:00	2:00 – 3:00	
Teen (13+)		7:00 – 9:00			7:00 – 9:00		3:00 – 6:00

FLOOR HOCKEY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Youth				5:00 – 7:00		1:00 – 2:00	
Teen (13+)				7:00 – 9:00		6:00 – 9:00	

MEMBER INFORMATION2nd Edition**Schedule in effect
September 12th**

- Availability of programs is determined by member demand
- Schedules are subject to change
- Annual membership is \$5.00 (non-refundable)
- Members will be caring, honest, respectful and responsible with all people and equipment
- Rules, regulations and etiquette guidelines are designed for the safety and protection of participants
- **Everyone has a right to feel safe and comfortable in our facility.**
- The YMCA–YWCA of Winnipeg is not liable for any injury, or loss or damage to personal property

Play structure

Enjoy the youth play structure, open during regular operating hours. Supervision of youth is recommended and clean socks are required to use play structure.

VOLLEYBALL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			5:00 – 7:00			4:00 – 5:00	

KARATE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Youth	6:00 – 8:00						
Teen (13+)	8:00 – 9:00						

SOCCER

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Youth						3:00 – 4:00	
Teen (13+)			7:00 – 9:00				6:00 – 8:00

DODGEBALL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	8:00 – 9:00				5:00 – 6:00		1:00 – 2:00

Programs

Availability of programs is determined by member demand. If you would like to see different programs or more classes, let us know!

On-line

Visit our website: www.ywinnipeg.ca
 Find us on Facebook: www.facebook.com/ywinnipeg
www.facebook.com/NorthYWinnipeg
 Follow us on Twitter: @YWinnipeg

YMCA–YWCA of Winnipeg

If you enjoy what we have to offer here, you should consider membership for our Health, Fitness and Recreation facilities. With swimming pools, full sized fitness centres, gymnasiums, and more! Our HFR facilities have something to offer the whole family.

Ask our staff about membership options and programs available at our other buildings throughout the city.

Become a Y Volunteer

The YMCA–YWCA of Winnipeg has a strong history of volunteerism. From children's recreation programs to adult fitness, Sales & Service to cleaning & maintenance, aquatic programs to community outreach and child care to governance.

There is something for everyone. Please see our staff for more details on how you can get involved.

Support the Y

Strong Kids Campaign

When kids participate in a YMCA-YWCA experience, they have the opportunity to develop self-confidence, make healthy choices, feel connected and learn the skills necessary to become the leaders of today and tomorrow. They also find out what it takes to build strong families and communities. Your contribution to the YMCA-YWCA of Winnipeg Strong Kids Campaign will help enrich the lives of children and youth in our community.

You have the power to help children in our community stay active and healthy!

Ask us how you can give today!

100% of your donation goes directly to support children and youth.

